

DREAM BIG!

ARTS ENRICHMENT PROGRAM



VIDEO 4

A Dream Big Read Aloud

Just Ask!

Be Different, Be Brave, Be You

By Sonia Sotomayor

Illustrated by Rafael López

Caregiver Resource Guide

Video 4: Just Ask! Be Different, Be Brave, Be You by Sonia Sotomayor

Program Description

The overall theme of Dream Big: Awesomely You, Cool Together is about celebrating the diversity, perseverance, and uniqueness within all of us, the similarities we all share, and the magnificent potential we have as a group when we are together dreaming big.

Video Description

Join Bronx Children’s Museum Program Manager Chris Gomez as he reads the book *Just Ask! Be Different, Be Brave, Be You* by Sonia Sotomayor, illustrated by Rafael López.

Video Link: <https://www.bronxchildrensmuseum.org/db2o-justask>

Age/Grade: 7+ years old; 2nd-3rd Grades

Vocabulary

Diabetes	A sickness where the body cannot control the amount of sugar in the blood
Fragile	Very delicate; not very strong
Thrive	To grow or develop successfully
Asthma	A physical condition that makes it difficult for someone to breathe
Dyslexia	A condition in the brain that makes it hard for a person to read, write, and spell
Autism	A condition or disorder that causes problems in forming relationships and in communicating with other people
Tourette’s syndrome	A disorder that causes someone to move and speak in an uncontrolled way
Allergy	A medical condition that causes someone to become sick after eating, touching, or breathing something that is harmless to most people
ADHD	A condition in which someone has problems with learning and behavior because of being unable to think about or pay attention to things for very long
Chromosome	The part of a cell that contains the genes which control how an animal or plant grows and what it becomes
Down syndrome	A condition that someone is born with and that causes below average mental abilities and problems in physical development

Tips for Success

- Watch the film on your own before showing it to children; identify any words or images that may require additional information or explanation.
- Stop the video or replay certain moments to allow for questions or comments from the children.

Before You Watch...

- Group Discussion Questions: Choose a few questions from the list below to ask your children. Keeping your questions open-ended will get your children speaking more and allow them to express themselves more than a simple “yes or no” question. Offer your own answer to the question as a way to model conversation!
 - What makes you YOU? How are you different or similar to other kids your age?
 - Why is it important that everyone is different? What would happen if everyone looked the same or liked the same things?

After You Watch...

- Looking for more inspiration of others who have overcome adversity to Dream Big? Watch [Let's Meet Dr. Valerie Capers!](#)
- Group Discussion Questions: Select a few questions to ask children about their experiences listening to the read-aloud.
 - What was your favorite part of *Just Ask?* Why?
 - How are you similar to any of the children in the book?
 - Have you ever met any other children with conditions like those in the book?

For more information, contact:

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Funding for Dream Big! was provided in part by the New York State Council on the Arts, with the support of Governor Andrew M. Cuomo and the New York State Legislature.