



# DREAM BIG!

ARTS ENRICHMENT PROGRAM



VIDEO 3

**The Art of Frida Kahlo:  
Creating a Self-Portrait**

# Caregiver Resource Guide

## **Video 3: The Art of Frida Kahlo: Creating a Self-Portrait**

### **Program Description**

The overall theme of Dream Big: Awesomely You, Cool Together is about celebrating the diversity, perseverance, and uniqueness within all of us, the similarities we all share, and the magnificent potential we have as a group when we are together dreaming big.

### **Video Description**

Join Bronx Children’s Museum Program Managers Dejá Santiago and Chris Gomez as they introduce the life and work of the Mexican artist Frida Kahlo and demonstrate how to create a self-portrait using drawing materials.

**Video Link:** <https://www.bronxchildrensmuseum.org/db2o-frida>

**Age/Grade:** 7+ years old; 2nd-3rd Grades

### **Vocabulary**

<b>Self-portrait</b>	A work of art that one creates of oneself
<b>Identity</b>	The qualities, beliefs, and culture that make a particular person or group different from others
<b>Symbol</b>	An action, object, event, etc., that expresses or represents a particular idea or quality

### **Materials Needed**

Paper	Watercolor paints
Pencil	Paintbrush
Eraser	Water
Colored Pencils	Mirror or self-photograph

### **Tips for Success**

- Watch the film on your own before showing it to children; identify any words or images that may require additional information or explanation.
- Prepare all the materials beforehand, and don’t be afraid to substitute for what you have available. If you don’t have watercolors, use another type of paint or just use crayons, markers, or colored pencils.
- Stop the video or replay certain moments to allow for questions or comments from the children.

### **Before You Watch...**

- Group Discussion Questions: Choose a few questions from the list below to ask your children. Keeping your questions open-ended will get your children speaking more and allow them to express themselves more than a simple “yes or no” question. Offer your own answer to the question as a way to model conversation!

- What parts of your personality or identity do you wish others could see when they look at you? In other words, what do you want the world to know about you?
- What makes you YOU? How are you different or similar to other kids your age?
- What symbols, images, and colors will you use to create your self-portrait? Why?
- Remind children that creating beautiful art takes time! Watch the video first, and create the self-portraits *after*.

### **After You Watch...**

- Have children complete the self-portrait activity. Feel free to create your own alongside your child(ren)!
- Group Discussion Questions: Select a few questions to ask children about their experiences creating their self-portrait.
  - How does Frida Kahlo's work make you feel?
  - What symbols, images or colors did you add to your self-portrait and why?
  - What do you want the world to know about you through your self-portrait?
  - What are your big dreams for the future?
- Sharing
  - Ask children to explain the process of creating their artwork in sequential order: "First I did this...then I did this..."
  - Ask children to share their artwork with others (via live meet-ups, Google classroom, FlipGrid, etc.). Encourage each child to give comments on one thing they liked and one thing they would like to see more of in the artwork of at least one other person.

### **Dream Big! Exhibition Gallery**

Share your child's big dreams and artwork in the Dream Big! Online exhibition. Take a picture of your child's artwork or make a video of them showing and talking about their work. Ask them questions like:

- How did you create this artwork?
- What symbols, images or colors did you add to your self-portrait and why?
- What do you want the world to know about you through your self-portrait?
- What are your big dreams for the future?

**Upload your artwork here:** [www.bronxchildrensmuseum.org/dreambig20](http://www.bronxchildrensmuseum.org/dreambig20)

### **For more information, contact:**

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